Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**GRIT Survey**

Directions: BE HONEST and circle the best choice that describes you right now.

1. I have difficulty taking my time with my work to show what I can really do.

* Always
* Usually
* Sometimes
* Never

1. I wait to the last minute to do any projects or homework.

* Always
* Usually
* Sometimes
* Never

1. I am a hard worker.

* Always
* Usually
* Sometimes
* Never

1. I finish whatever I begin.

* Always
* Usually
* Sometimes
* Never

1. I always feel proud of my work.

* Always
* Usually
* Sometimes
* Never

1. Challenges frustrate me.

* Always
* Usually
* Sometimes
* Never

1. I seek out challenges.

* Always
* Usually
* Sometimes
* Never

1. When I am working, I try to do it as quickly as possible.

* Always
* Usually
* Sometimes
* Never

1. When I am working, I am often distracted.

* Always
* Usually
* Sometimes
* Never